

Atlantic General Hospital

Nurse Residency Year at a Glance

Session times: 8 am—noon

Professional attire (business clothes or scrubs)



JANUARY 10, 2020 (CR1)

- ⇒ Patient/family teaching: role play, case study, develop teaching plan
- ⇒ Cultural competence: life boat exercise, elderly sensitivity exercise)
- ⇒ Stress management: journaling
- ⇒ Clinical Reflections; followed by EBP project time

FEBRUARY 7, 2020 (CR2)

- ⇒ Conflict resolution: DISC behavior style, crucial conversations w/role play; "Reasons for Workplace Bullying" video
- ⇒ Stress management: YOGA
- ⇒ Clinical reflections
- ⇒ EBP project

MARCH 6, 2020 (CR2)

- ⇒ Skin and Wound integrity: Braden case study, match wound w/ treatment; wound vacs
- ⇒ Stress management: compassion fatigue guest speaker
- ⇒ Clinical reflections
- ⇒ EBP project time

APRIL 3, 2020 (CR2)

- ⇒ Ethics in Nursing: Ethics panel with case study
- ⇒ Stress management: massage
- ⇒ Clinical reflections
- ⇒ EBP project time

MAY 1, 2020 (CR2)

- ⇒ Culture of safety: Failure to rescue
- ⇒ Critical thinking case studies
- ⇒ Stress management: revisit "Survive to Thrive"
- ⇒ Clinical reflections
- ⇒ EBP project time

JUNE 5, 2020 (CR2)

- ⇒ Professional goal setting: AGH council presentation
- ⇒ Fill our personal plan
- ⇒ Create goal board
- ⇒ Clinical reflections
- ⇒ EBP project time

JULY 10, 2020 (CR2)

- ⇒ End of life care: "Defining Hope" film and study guide
- ⇒ Palliative vs hospice
- ⇒ Stress management: music/humor
- ⇒ Clinical reflections
- ⇒ EBP project time

AUGUST 9, 2019 (CR1)

- ⇒ Stress management: packing lunch for nurses, "Surviving to Thriving worksheet," cooking demo
- ⇒ Communication w/providers
- ⇒ Clinical Reflections
- ⇒ Introduction to EBP

SEPTEMBER 6, 2019 (CR2)

- ⇒ Patient care coordination w/ interdisciplinary panel
- ⇒ Resource management and delegation; time management
- ⇒ Stress management: aromatherapy
- ⇒ Clinical Reflections
- ⇒ EBP project selection

OCTOBER 4, 2019 (CR2)

- ⇒ Fall prevention: mock fall/make this room safe
- ⇒ ESCAPE Room: Infection prevention
- ⇒ Stress Management: EAS
- ⇒ Clinical Reflections
- ⇒ EBP project time

NOVEMBER 6, 2019 (CR3)

- ⇒ Medication safety: role play, top mistakes to avoid
- ⇒ Pain management: panel discussion
- ⇒ Stress management: pet therapy
- ⇒ Clinical reflections
- ⇒ EBP project time

DECEMBER 6, 2019 (CR2)

- ⇒ Managing changing patient condition: respiratory, sepsis, dysrhythmia (simulations w/debriefs)
- ⇒ Stress management: apps
- ⇒ Clinical reflections
- ⇒ EBP project time