



Outpatient Services

CT Studies

1. Contrast Terminology
 - a. Without contrast: No preparation required
 - b. With contrast: refers only to intravenous (IV) contrast, not oral contrast. Oral contrast will be administered unless the order states otherwise.

2. General Patient Preparation
 - a. No contrast: no preparation required
 - b. Oral contrast only:
 - i. Patients need to pick up the barium *prior* to the study in the Rediscripts Pharmacy
 - ii. Patients will be given 1 bottle of oral contrast 90 minutes before the study
 - iii. No blood work is required
 - c. Intravenous (IV) contrast exams:
 - i. Do not eat solid foods for 3 hours before the intravenous contrast injection
 - ii. Blood work (creatinine eGfr within 30 days) is required if over 60 years of age, diabetic, or have history of kidney disease.

If you have any questions, please contact Atlantic General Hospital's Scheduling Center at
410.641.9714