

Sleeve Gastrectomy

A laparoscopic sleeve gastrectomy is a restrictive surgical weight loss procedure that limits the amount of food you can eat and helps you feel full sooner. In this procedure, a thin, vertical sleeve of stomach is created and the rest of the stomach is removed. The sleeve is about the size of a banana.

As with any surgery, there are both risks and benefits to having surgery. Obesity is a chronic health problem that can lead to other major health issues including cardiovascular disease, cancer, and diabetes to name a few. The risks can outweigh the benefits, so you must consider both before you decide to have the surgery.

Benefits to having surgery:

- Shorter hospital stay and faster recovery than non-laparoscopic procedures
- Significant weight loss
- Cost savings over time
- Reduction in cravings for sweets
- Improvements in condition such as diabetes, hypertension and high cholesterol
- Increased life expectancy

Risks to having surgery:

Risks of this surgery should be discussed with your surgeon during your consultation visit to evaluate if the Sleeve Gastrectomy is an good option for you.

