



Outpatient Services

Regular Stress Test & Echocardiogram Stress Test

Please arrive **15 minutes prior** to your scheduled appointment time.

What to bring:

- ✓ Physician order
- ✓ Insurance cards
- ✓ Referrals (if applicable)
- ✓ Complete list of medications, including an inhaler if you have one

Before your appointment:

- ✓ Take all prescribed medications except:
 - **NO Beta Blockers** the morning of or night before (24 Hours)
- ✓ Take other medications with little sips of water, unless instructed not to by scheduling or physician.
- ✓ Arrive in comfortable workout clothes and shoes, as you will be walking on a treadmill.

*Please notify us in advance if you are unable to keep your schedule appointment at **410.641.9714**.*

If you have any questions, please contact Atlantic General Hospital's Scheduling Center at
410.641.9714